

NEW MEDROOF SLIM™ — ONLINE INTAKE FORM

Email Completed Form To: MedSpaBookings@MedRoofUrgentCare.com

Via

SECTION 1 — Patient Information

Full Name: _____

Date of Birth: _____

Gender: Male Female Other

Phone Number: _____

Email Address: _____

Home Address: _____

Preferred Contact: Phone Email App Messaging

SECTION 2 — Emergency Contact

Name: _____

Relationship: _____

Phone: _____

SECTION 3 — Primary Care Provider

Do you have a PCP? Yes No

If yes:

Name: _____

Phone: _____

SECTION 4 — Weight History & Goals

Current Weight: _____ lbs Height: _____

Waist Measurement: _____

Highest Adult Weight: _____ lbs

Lowest Adult Weight: _____ lbs

How long have you struggled with weight?

Previous attempts (check all that apply):

- Diet programs Exercise programs Weight loss medications
 Bariatric surgery Online/telehealth programs

Primary Goal:

- Lose 10–20 lbs Lose 20–40 lbs Lose 40+ lbs Improve health

Target Weight Goal: _____

Do you have an event or timeline you're targeting?

SECTION 5 — Eating & Lifestyle Assessment

How would you describe your appetite?

- Constant hunger Moderate Small appetite
 Loss of control when hungry

Eating habits (check any):

- Emotional eating Stress eating Night eating
 Skipping meals Binge episodes Sugar/carb cravings

Daily water intake:

- < 40 oz 40–80 oz 80–100 oz 100+ oz

Activity level:

Sedentary Light Moderate Heavy/Athletic

Nicotine use? Yes No

Alcohol use? Yes No — If yes, drinks/week: _____

SECTION 6 — Medical History (Required for GLP-1 Eligibility)

Check all conditions you have or have had:

- Type 2 diabetes
- Pre-diabetes / insulin resistance
- High blood pressure
- High cholesterol
- Heart disease
- Stroke or TIA
- Thyroid nodules
- Thyroid cancer (self or family)
- Medullary thyroid cancer or MEN2 (self or family)
- PCOS
- Gallstones / gallbladder disease
- Gastroparesis
- Acid reflux (GERD)
- Kidney disease
- Liver disease
- Pancreatitis (ever)
- Eating disorder history

- Depression or anxiety

Have you used a GLP-1 medication before?

Yes No

If yes, which and what dose? _____

Medication allergies: _____

Are you pregnant, breastfeeding, or planning pregnancy?

Yes No

SECTION 7 — Current Medications

List all medications you currently take (including OTC):

Do you take:

Insulin or sulfonylureas? Yes No

Steroids? Yes No

SECTION 8 — Symptoms & Side-Effect Risk Screening

Do you experience any of the following?

Severe constipation

Severe nausea/vomiting

Abdominal pain after eating

History of dehydration

Fainting or dizziness

Do you tolerate injections well? Yes No

SECTION 9 — Program Interest

Which medication are you most interested in?

- Semaglutide
- Tirzepatide
- Provider recommendation

Why do you want to join MedRoof Slim™?

SECTION 10 — Required Lab Work

I understand that baseline labs (CMP, A1C, Lipids, TSH) may be required before starting medication and may not be covered by insurance.

- Yes, I understand

SECTION 11 — Telemedicine Consent Acknowledgment

MedRoof Slim™ is primarily managed through video visits, including:

- Medical evaluation
- Dose adjustments
- Monthly follow-up
- Monitoring for side effects

I consent to receive treatment via telemedicine.

- Yes

SECTION 12 — Medication, Billing & Disclaimer Acknowledgment

Please check each:

I understand this program is cash-only and insurance does not cover the membership or medication.

I understand results vary and no specific weight loss outcome is guaranteed.

I understand GLP-1 medications have potential risks including nausea, vomiting, dehydration, gallbladder disease, and rare pancreatitis.

I will notify MedRoof immediately if I experience severe or concerning symptoms.

I certify all information in this form is accurate.

SECTION 13 — Signature

I acknowledge that the information provided is truthful and complete.

Signature: _____

Date: _____